

## **GRIEF SHARE SCHEDULE – JAN 31 TO MAY 9, 2019**

<b>Meeting</b>	<b>Weekly Topic</b>	<b>Date</b>
Session 1	Is This Normal?	Thu, Jan 31, 2019
Session 2	Challenges of Grief	Thu, Feb 07, 2019
Session 3	The Journey of Grief – Part 1	Thu, Feb 21, 2019
Session 4	The Journey of Grief – Part 2	Thu, Feb 28, 2019
Session 5	Grief and Your Relationships	Thu, Mar 07, 2019
Session 6	Why?	Thu, Mar 14, 2019
Session 7	Guilt and Anger	Thu, Mar 21, 2019
Session 8	Complicating Factors	Thu, Mar 28, 2019
Session 9	Stuck	Thu, Apr 04, 2019
Session 10	Lessons of Grief – Part 1	Thu, Apr 11, 2019
Session 11	Lesson of Grief – Part 2	Thu, Apr 25, 2019
Session 12	Heaven	Thu, May 02, 2019
Session 13	What Do I Live for Now?	Thu, May 09, 2019

Please note we will NOT be meeting on Feb. 14th, or April 18 (East Week).

DR Rev. 1-30-19