

GriefShare Program

September – December 2019 (Rev. 8-29-19)

Meeting Time: 7-8:30pm Leaders arrive at 6:30pm

Meeting	Date
Session 1 – Is This Normal?	Wed, Sep 11, 2019
Session 2 – Challenges of Grief	Wed, Sep 18, 2019
Session 3 – The Journey of Grief – Part 1	Wed, Sep 25, 2019
Session 4 – The Journey of Grief – Part 2	Wed, Oct 02, 2019
Session 5 – Grief and Your Relationships	Wed, Oct 09, 2019
Session 6 – Why?	Wed, Oct 16, 2019
Session 7 – Guilt and Anger	Wed, Oct 23, 2019
Session 8 – Complicating Factors	Wed, Nov 06, 2019
Session 9 - Stuck	Wed, Nov 13, 2019
Session 10 – Lessons of Grief – Part 1	Wed., Nov 20, 2019
Session 11 – Lessons of Grief – Part 2	Tues, Nov 27, 2019
Session 12 - Heaven	Wed, Dec 04, 2019
Session 13 – What Do I Live for Now?	Wed, Dec 11, 2019

August 8, 2019

Revised August 29, 2019